

## LIT NEO DUMBBELLS

TD-LDB-1

TD-LDB-2

TD-LDB-3

The Light Neo Dumbbells are used to add a small amount of resistance to functional exercises. The dumbbells are fully encased in a vinyl coating that is cleanable and protects other surfaces they may contact.

### USE

The Light Neo Dumbbells are carried in the hands to add weight to aerobic exercises, jogging, or shadow boxing.

### CARE

Clean surfaces with a neutral pH cleaner. Avoid contact with rigid or sharp edges or abrasive surfaces. Store in a dry environment. Inspect before use to ensure there is no damage.



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