

BALANCE TRAINER PLATFORM

TD-BTP

The Balance Trainer Platform has a grey and black base with a silver air cushion. The balance trainer provides a platform to introduce instability in various exercises.

PRODUCT SPECIFICATIONS

Dimensions: 24.80 in X 24.80 in X 8.66 in (63 cm X 63 cm X 22 cm)

Weight: 15.2 lbs (6.9 kg)

Weight Capacity: 300 lbs (140 kg)

Color: Black with grey printing

USE

The Balance Trainer Platform is used to introduce instability in various exercises including pushups, squats, lunges, and planks. The balance platform is designed to support body weight in controlled movements on either the ball side or flat side.

CARE

Clean surfaces with a neutral pH cleaner. Avoid contact with rigid or sharp edges. Store in a dry environment. Inspect before use to ensure there is no damage.



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