

PREMIUM ABDOMINAL WHEEL

TD-ABW

Premium Abdominal Wheel designed to stand up to heavy commercial use. 4 1/2" wide rubber hand grips. Large 8" wheel with ball bearings for smooth operation and extended life.

PRODUCT SPECIFICATIONS

Dimensions: 8.00 in X 8.00 in X 11.00 in (20.3 cm X 20.3 cm X 27.9 cm)

Weight: 7.9 lbs (3.6 kg)

Weight Capacity: 275 lbs (125 kg)

Color: Grey wheel with black grips

USE

The ab wheel is used for various ab rollout exercises and more challenging versions of planks. The ab rollout exercises work the upper and lower abdominals as well as pectorals, lats, quadriceps and triceps. Variations and modifications to the exercises allow the Ab Wheel to be used by beginner to advanced users.

CARE

Clean surfaces with a neutral pH cleaner. Store in a dry environment. Inspect before use to ensure handles are secure.



COREHEALTHANDFITNESS.COM

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.

©2020 Core Health & Fitness LLC. All rights reserved. Star Trac, the Star Trac logo and StairMaster are registered trademarks of Core Health & Fitness, LLC. Schwinn and Nautilus are registered trademarks of Nautilus Inc. used under license to Core Health & Fitness LLC. Throwdown is a registered trademark of Throwdown Industries, LLC.