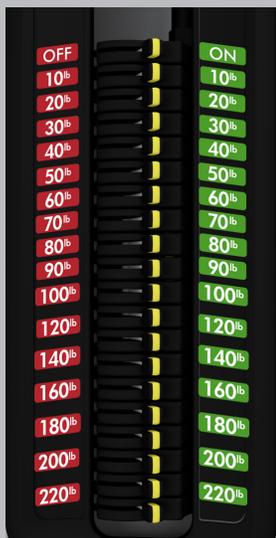


# NAUTILUS INSPIRATION

The Nautilus Inspiration Tricep Dip promotes balanced muscle development through unilateral motion, engaging and defining the triceps. The converging arm support handles allow for wide or narrow grip positions, ensuring the user is in the optimal position. Four-bar linkage provides a joint-friendly movement by allowing the user to maintain a neutral wrist throughout the full range of motion. With the Lock N Load weight selection system, featuring 5lb increments, the Inspiration Tricep Dip is a key piece in the strength circuit.

## TRICEP DIP IPTD5

<b>W</b>	54 IN (136 CM)
<b>L</b>	57 IN (147 CM)
<b>H</b>	64 IN (161 CM)
<b>STACK WEIGHT</b>	240 LBS (109 KG)
<b>OVERALL WEIGHT</b>	750 LB (340 KG)
<b>SHIPPING WEIGHT</b>	831 LB (377 KG)



## LOCK N LOAD WEIGHT SELECTION

Selecting a weight with the intuitive Lock N Load design is as easy as flicking a switch. Universally color coded switches engage and disengage the weight via an internal pin, providing a safer, more durable and maintenance free operation. Lock N Load prevents unnecessary maintenance headaches since there are no pins to lose or replace.



## SMART TOWER DESIGN

The beautifully designed Nautilus Inspiration line, with their uniform 64" (163 cm) towers, deliver superior lines of site across your venue and create a visually powerful impression during facility tours. The tower housing is designed to accommodate custom graphics and wraps to personalize the equipment in your facility.

### ADJUSTMENTS & MOVEMENTS

<b>USER DEFINED RANGE OF MOTION</b>	Fixed path of motion and four-bar linkage pressing arm ensures neutral wrist through the full range of motion.
<b>ASSISTED ADJUSTMENTS</b>	Wrap-around gas assist seat adjust and multiple hand placement options. Seat adjustments provide pre-stretch adjustments and gravity assisted, adjustable thigh stabilization pad.
<b>COLOR CODED PIVOT POINTS AND ADJUSTMENTS</b>	Yes on all units
<b>UNILATERAL OR BILATERAL MOVEMENT</b>	Unilateral and Bilateral dependent can be performed (one or two arm movements)
<b>CONVERGING OR DIVERGING MOVEMENTS</b>	Converging arm support handles to accommodate a wide or narrow grip.
<b>PULLEY RATIO</b>	1:1 pulley ratio

### FRAME SPECIFICATIONS & CABLE INFORMATION

<b>STANDARD FRAME COLOR OPTIONS</b>	60 Black
<b>STANDARD UPHOLSTERY COLOR OPTIONS</b>	Black
<b>FRAME FINISH</b>	Electrostatic Powder coating
<b>CUSTOMIZABLE PAINT OPTIONS AVAILABLE</b>	Yes with additional fees and extended lead times
<b>CUSTOMIZABLE UPHOLSTERY OPTIONS AVAILABLE</b>	Yes with additional fees and extended lead times
<b>CUSTOMIZABLE BRANDING OPTIONS AVAILABLE</b>	Yes with additional fees and extended lead times
<b>CABLE VS. BELT DRIVEN TRANSMISSION</b>	Cable drive
<b>BOLT DOWN LOCATIONS DEFINED</b>	Yes
<b>INTEGRATED LEVELING SYSTEM</b>	Yes
<b>HARDWARE TYPE</b>	Hex / Button Head
<b>TUBING STYLE &amp; THICKNESS</b>	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga

### USER SPECIFIC INFORMATION

<b>STATIC PLACARDS</b>	Animated lenticulars, showing start and stop positions
<b>MULTI-LANGUAGE PLACARDS OPTIONS AVAILABLE</b>	Yes
<b>ANIMATED LENTICULAR</b>	Animated lenticulars, showing start and stop positions
<b>SAFETY CATCH &amp; STOPS</b>	Yes, end range of motion safety stop
<b>WATER BOTTLE HOLDER</b>	Yes, integrated to weight stack tower, eye level
<b>PHONE HOLDER</b>	Yes, adjustable in size and position
<b>GRIP SPECIFICATIONS</b>	Rubber, large grips for pushing, smaller grips for pulling.
<b>FOOT PLATFORM</b>	N/A
<b>CONTOURED PADS</b>	Yes, contoured pads
<b>BELT STABILIZATION SYSTEM</b>	N/A

### WEIGHT STACK SPECIFICATIONS

<b>TOTAL STACK WEIGHT</b>	240 LB (109 KG)
<b>INCREMENTAL WEIGHT SYSTEM</b>	10 lb increment, 5 lb add on
<b>WEIGHT STACK TOWER HEIGHT</b>	Standard 64in (163 cm) height on all products
<b>PLATE LOADED</b>	N/A
<b>WEIGHT STORAGE SOLUTION</b>	N/A
<b>LNL TECHNOLOGY</b>	Yes
<b>ADD-ON RESISTANCE AVAILABLE</b>	Yes, 5 lb incremental add on plate
<b>WEIGHT STACK SHROUD SPECIFICATIONS</b>	Uniform size, standard steel / customized aluminum materials

Core Health & Fitness is more than gym equipment, we offer innovative solutions for all your facility needs. This is why we've brought together five of the most recognizable fitness brands to ensure our customers can offer their members authentic fitness experiences. Whether working with us directly or through our partners and distributors worldwide, we provide the highest quality equipment backed by a service and support team that will always go the extra mile to get you what you need, when you need it. Partner with us and see how our Core Values motivate our every decision.