

## Half Rack

The Nautilus Half Rack is a high-performance training station designed for versatility, compact footprint, and strength-focused functionality. Its open-front design supports unrestricted movement and easy bench integration—ideal for Olympic lifts, functional strength work, and circuit-based training. With a height of just 97 inches, it fits seamlessly into spaces with lower ceilings while still supporting elite performance. Perfect for schools, personal training studios, and athletic facilities, this rack is built to evolve with your training needs.



### PRODUCT DIMENSIONS

<b>Width</b>	72 in (183 cm)
<b>Length</b>	63 in (160 cm)
<b>Height</b>	97 in (246 cm)
<b>Overall Weight</b>	512 lb (232 kg)
<b>Shipping Weight</b>	560 lb (254 kg)

### ADJUSTMENTS

<b>Assisted Adjustments</b>	No
<b>Color Coded Pivot Points And Adjustments</b>	Safety and bar hooks are clearly marked

### FRAME SPECIFICATIONS

<b>Standard Frame Color Options</b>	-60 Black
<b>Frame Finish</b>	Electrostatic Powder coating
<b>Customizable Paint Options Available</b>	Yes with additional fees and extended lead times
<b>Bolt Down Locations Defined</b>	Yes
<b>Integrated Leveling System</b>	No
<b>Hardware Type</b>	Hex / Button Head
<b>Tubing Style &amp; Thickness</b>	Modern blend of square and round tubing. Most are 3 or 2.5mm /11 ga

### USER SPECIFIC INFORMATION

<b>Safety Catch &amp; Stops</b>	Yes, deep J-Hook style bar catch keeps bars from bouncing out while protective inserts prevent damage. Heavy duty safety bar catch with wear shield to protect the Olympic bar and frame.
<b>Water Bottle Holder</b>	No
<b>Phone Holder</b>	No
<b>Plate Loaded</b>	Yes, maximum load not to exceed 955 lb (434 kg)
<b>Weight Storage Solution</b>	Yes, angled, chrome weight horns (x8) and Olympic bar holder. Plus, optional bumper plate storage, wood platform and band pegs.

### SKUS

9-HDHR2