

Glute Ham

This Glute Ham Developer supports full posterior chain development with a long base for stability and an adjustable pivot system for user comfort. The split top pad improves movement control, while rubber feet and heavy-duty construction make it a reliable fixture in any facility.



Product Dimensions	
Width	43 in (110 cm)
Length	72 in (182 cm)
Height	48 in (122 cm)
Product Weight	188 lb (85 kg)
Shipping weight	223 lb (101 kg)
Features, Adjustments & Movements	
Assisted adjustments	Gravity assisted positioning
Color coded pivot points and adjustments	Yes on all units
Frame Specifications & Cable Information	
Standard frame color options	60 Black
Standard upholstery color options	Black
Frame finish	Electrostatic Powder coating
Customizable paint options available	Yes with additional fees and extended lead times
Customizable upholstery options available	Yes with additional fees and extended lead times
Customizable branding options available	No
Bolt down locations defined	Yes, Sku dependent
Integrated leveling system	No, rubber feet for floor protection
Hardware type	Hex / Button Head
Tubbing style & thickness	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga
User Specific Information	
Animated lenticulars	No
Safety catch & stops	Yes, Sku dependent
Grip specifications	Integrated Grip and wheels
Contoured pads	Yes, contoured back pads on select machines with lumbar support
Restraint system	No
SKU	
	9NP-B7522-XXXXX