

Glute Drive

The Nautilus Glute Drive isolates the glutes with biomechanically optimized hip thrust motion. Engineered for comfort and proper alignment, it features a padded belt and back support for full-spine stabilization. Ideal for athletes and general fitness users alike, it promotes strength, hip stability, and explosive power in a compact, floor-safe frame. Optional resistance band pegs and an extra belt pad offer even greater versatility.



PRODUCT DIMENSIONS

Width	60 in (152.5 cm)
Length	62 in (157.5 cm)
Height	35 in (89 cm)
Overall Weight	252 lb (114 kg)
Shipping Weight (Boxed)	305 lb (138 kg)

ADJUSTMENTS

Assisted Adjustments	None for Adjustable safety bar supports but pull pin adjustable bar catches
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FRAME SPECIFICATIONS & CABLE INFORMATION

Standard Frame Color Options	-60 Black
Standard Upholstery Color Options	Black
Frame Finish	Electrostatic Powder coating
Customizable Paint Options Available	Yes with additional fees and extended lead times
Customizable Upholstery Options Available	Yes with additional fees and extended lead times
Customizable Branding Options Available	No
Bolt Down Locations Defined	Yes
Integrated Leveling System	No, rubber feet for floor protection
Hardware Type	Hex / Button Head
Tubing Style & Thickness	Modern blend of square and round tubing. Most are 3 or 2.5mm / 11 ga

USER SPECIFIC INFORMATION

Static Placards	Yes
Multi-Language Placards Options Available	Yes
Animated Lenticular	No
Safety Catch & Stops	Dual sided safety catch and release mechanism for ease of use & bottom dropout safety stop
Water Bottle Holder	No
Phone Holder	No
Grip Specifications	Rubber, smaller grips.
Foot Platform	Oversized angled foot platform to accommodate users of all sizes
Contoured Pads	No
Restraint System	Heavy reinforced padded waist harness provides optimal lifting application

WEIGHT STACK SPECIFICATIONS

Plate Loaded	Yes, 360 lb max load capacity, starting resistance 15 lb
Weight Storage Solution	Yes, optional bolt on plate storage
Add-On Resistance Available	Yes, integrated resistance band pegs for modification of load curve

SKUS

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